the only procedures the NHS offers are either a toe fusion, which is painful and leaves the joint immobile, with no option for further surgery should there be future problems, or a full joint replacement which means the only option for surgery later on is a painful toe fusion. A Cartiva implant continues to leave you with future surgical options, although very few UK surgeons currently offer it."

For more information please go to www.europeanfootinstitute.com/en/ or call 0203 318 1834.